

# SHREE SHIVAJI ARTS, COMMERCE & SCIENCE COLLEGE, RAJURA

## BEST PRACTICE – I

### Title: Fit India and Young India

#### Objectives of the Practice:

The main objectives of this practice are

- 1) Make the student to know feet body and mind is a key to success.
- 2) Prevent the Bad habits.
- 3) Create awareness regarding physical and mental fitness.
- 4) Make them to adopt and practice discipline life style.
- 5) Make them to adopt new life style to prevent themselves and their family from deceases.

#### The Context:

Since the college is situated in rural, tribal and naxal affected area more than ninety percent student area seeking admission in our institution for various discipline UG & PG are from rural background and backward classes. They are not much aware of the fact that good health keeps us and our mind healthy more our they are unknown of several ways by which one can acquire. In rural and tribal villages tobacco chewing is very common many villagers are tobacco chewers and smoke few students also have got same habit from the childhood. These students torture their body as they wish to expect that there could not be any consequences. Hence college decided to run the various events related to fitness and health.

#### The Practice:

To fulfill the above said objectives college organized following events.

- Health check camp organized by NSS Unit in collaboration with Sub District Hospital Rajura district- Chandrapur on 17<sup>th</sup> July 2023.
- On the auspicious occasion of International Yoga day on 21<sup>th</sup> June 2023. Sport department and NSS Unit of the college in collaboration with Patanjali Yoga Samiti organized a yoga teaching events.
- FIT INDIA SWACHHATA FREEDOM RUN 4.0 was organized by NSS unit on the occasion of Mahatma Gandhi Jayanti 2<sup>nd</sup> Oct. 2023.
- NSS Unit conduct sickle cell diagnosis camp in college premises on 18<sup>th</sup> December 2023.
  
- College in collaboration with Shiv Rajyabhishek Sohala Samiti of Rajura organized "YUVA MARATHON – 2024" for all age group. School and college

students as well as citizens of all age group throughout the district participated in the Marathon.

- Social Science Departments and NSS Unit organized guest lecture on Personality development on 1<sup>st</sup> March 2024.
- College conduct “Sahajyog Meditation Camp” by inviting meditation expert on 20<sup>th</sup> January 2024.
- Sport department of the college organized the “YOGA DANCE” for the common people of Rajura Town on the college ground by inviting Yoga Dance expert from on 17<sup>th</sup> January to 22<sup>nd</sup> January 2024.
- College in collaboration in with Government Rural Hospital, Rajura organized Tetanus vaccination camp in college on 18<sup>th</sup> January 2024.
- Carrier Katta of the college organized workshop on “ILL EFFECT OF TOBACCO” on 30<sup>th</sup> December 2023.

#### **Evidence of Success:**

#### **Sensitization of students, staff and awareness of healthy life style :**

Various practices adopted by the various unit and departments of the college have been extremely successful in the intensity and reach of its vision and action. The college has not only been able to sensitize the students and staff but also the nearby community. “Titanus vaccination camp and workshop on ILL EFFECT OF TOBACCO” create good impact on students and their by their parents and neighbours

All the practices made by the various unit of college made the students to adopt and inculcate healthy life style, good food habits, it made the students to rectify their food habits.

The workshop on “Sahajyog” was so impactful that the students first time ever know that Mental health is equally important in daily life and career making.

College activities on health promote the students and thereby their parents to adopt healthy life style. keeping cleanliness, maintaining hygiene, doing exercise and taking balance diet and proper vaccination is a key factor to be a healthy, mentally and physically.

#### **Problems encountered and resources required:**

Since the area around the college is rural tribal and naxal affected, people are superstitious and having lack of scientific attitude. Majority of the community are farmers and farm worker, in fact it is difficult to shift their mind set towards consciousness of health and hygiene.

Illiteracy and poverty are interrelated and deep-rooted problems of our society. In addition majority of tribal families do not believe modern medicinal practice. They have their own traditional unscientific method to treat the illness of their family members. Alcoholism and tobacco chewing are the rampant problem in the surrounding villages,





**FIT INDIA SWACHHATA FREEDOM RUN 4.0**



**SICKLE CELL DIAGOSIS CAMP 18 Dec. 2023**



**YUVA MARATHON – 2024**

## देशोन्नती

# राजुरात युवा मॅरेथॉन स्पर्धेचे आयोजन



देशोन्नती युवसंकलन...

राजुरा \* शिवाजी महाविद्यालय राजुरा आणि शिखराभ्यामिकेक सोहळा समिती यांचे संयुक्त विद्यमाने युवकांचे प्रेरणास्थान स्वामी विवेकानंद य राजमाला निवाळ जयंती तथा राष्ट्रीय युवा दिवसाच्या निमित्ताने राजुरा येथे युवकांची मज्ज मॅरेथॉन स्पर्धेचे

आयोजन करण्यात आले. या प्रेरणादायी मॅरेथॉन स्पर्धेचे उद्घाटन राजुरा येे माजी आमदार अॅड संजय घोटे यांनी केले.

या प्रसंगी माजी आ. अॅड .कटप, शिखराभ्यामिकेक सोहळा समिती स्वागताध्यक्ष अविनाश जाधव, मलेशिया येथे भारताकडून मॅरेथॉन

साठी सहभागी झालेले मातोळी जखुळे, राष्ट्रीय खेराळू वर्षी कोठभाले, पुर्ला खेरकर, प्राचार्य डॉ.एस. एम. बरकड, उपप्रधानमंत्री डॉ राजेश खेराणी सुरेश येरुळेकाड, हेमंत भिंगारदिवे,सतीश घोटे उपस्थित होते. या प्रसंगी किशा पिळ्णी, अविनाश जाधव, मधुषण आरवळे, भारद्वाज गायकवाड, बालाजी चौधरी, गोविंद मोहुळे, वैजसिनी कामडे, मयुरी बालखेडे, रंजना उपरे, सुबिला नागरकर, अनुष्का मोहंकर, सोनाली खोबरे, या यशस्वी स्पर्धेच्या संधीस विलक्षण करण्यात आले. संचालन डॉ.राजेश खेराणी डॉ.संजय शेंडे यांनी केले या स्पर्धेने राजुरालील बालाचरण शेकाडूनस झाले होते.



## GUEST LECTURE ON PERSONALITY DEVELOPMENT



## SAHAJYOG MEDITATION CAMP



YOGA DANCE



YOGA DANCE



TITANUS VACCINATION CAMP



## ILL EFFECT OF TOBACCO

# SHREE SHIVAJI ARTS, COMMERCE & SCIENCE COLLEGE, RAJURA

## BEST PRACTICE – II

### Title: Environmental Consciousness

#### Objectives of the Practice:

The main objective of promoting and campaigning environmental sustainability are:

- To nurture generations of students who are sensitive to environmental concerns. The need of the hour is to educate the youth and the public about sustainability, to ensure healthier lives for all of us.
- To find the innovative ways to reduce pollution.
- To promote the sustainable use of natural resources.
- To maintain waste-free, pollution-free, healthy, and eco-friendly green campus.

#### The Context:

College is situated in industrial zone, lot of industries like Paper mill, Cement industries, Fero alloy Plant, Coal mines, Underground and open cost coal mines, Coal dumping yard, Thermal power plant is nearby situated. So pollution is always on hike, air pollution, Water pollution, soil degradation in region is always in discussion. College has abundant plants and sunlight it had become important to transform productively green waste and sunlight into source of sustenance. Large quantity of green waste is generated in the college premises, which is effectively composted as manure. Environment sustainability is of at most importance in light of increasing environment degradation. Same can be accomplishing by campaigning eco-friendly practices.

#### The Practice:

Keeping in mind the said objective, Institution plane to organized and run the various activities to create environmental consciousness among the staff, students and people.

College is steadfastly committed towards creating environmental awareness, Eco-friendly and Sustainable campaign. Instilling the urgency of environmental conservation and environment sustainability is realized through the following practices.

#### Events and campaigns:

- Department of Geography organized a guest lecture of eminent environmentalist on “My Role in Environmental Conservation” on 15<sup>th</sup> January 2024.
- Cultural unit of the college organized poster competition on “Environmental Conservation” on 18<sup>th</sup> December 2023.
- Department of Chemistry and department of Geography jointly organized intra collegiate MCQ competition on “Environmental Conservation” on 13<sup>th</sup> February 2024.



- On the auspicious occasion of Diamond Jubilee year of Indian Independence NSS Unit and department of Botany jointly construct “AMRUT VATIKA” by planting 15 varieties of 75 plants in the college premises by on 13<sup>th</sup> August 2023.
- NSS Unit of the college organized “Tree Plantation” 75 trees of different varieties have been planted by NSS Volunteers on the road side on 4<sup>th</sup> August 2023.
- Department of Geography organized a guest lecture on “Wildlife and Environment” on 5<sup>th</sup> March 2024.

#### Maintaining a green campus and a Botanical garden:

- College has a lush green campus, dedicated area for boys and girls parking have been allotted.
- The college has about 200 varieties of trees and plants in campus that balances the ecosystem of the surrounding area.
- A Botanical garden in the premises with different species of medicinal plants provide a healthful ambience in the college.

#### Vermicompost Unit:

The vermicompost unit converts green and food waste to vermicompost, which is used in the college garden.

#### Rainwater harvesting:

The college has a rainwater harvesting system (which is near to main gate). In fact it is well in which collecting rainwater from rooftops and storm water generating from the premises. It ultimately increases the ground water level.

#### Evidence of Success:

- We have been able to create awareness among the staff and students of our college regarding environmental challenges and the need of sustainability. Our students have received appreciation from the public during several campaigns and activities, many people have promised to use the resources wisely and make all efforts to protect and conserve the environment.
- Polythene free campus drive motivates the students to organized similar types of activities in their villages to spread message of environment consciousness.

#### Problems Encountered and Resources Required:

- **Greater initial cost and investment:** - Shifting to renewable resources is a costly affair support and involvement from the government agencies prerequisite in terms of financial assistance and subsidy.
- **Challenges in motivating people:** - The public needs to be educated to understand the environmental issues, in fact the people from rural areas have their own socio - economical problems, continuous efforts are needed to create a

general shift in the mindsets of people towards generating environment consciousness.

- **Lifestyle changes:** - Lifestyle needs to be modified for sustainable living. Bad habit of rural people can be change by continuous efforts as well as financial support from the government to build the toilets at their home. Government is giving financial aid to very few, which is not enough to change the whole village.



**MY ROLE IN ENVIRONMENTAL CONSERVATION ON 15<sup>th</sup> JANUARY 2024**



### POSTER COMPETITION - "ENVIRONMENTAL CONSERVATION"



### MCQ COMPETITION ON ENVIRONMENTAL CONSERVATION



### MCQ COMPETITION ON ENVIRONMENTAL CONSERVATION



### AMRUT VATIKA



कार्यक्रमांसाठी उपस्थित शिक्षक व विद्यार्थी

## श्री शिवाजी महाविद्यालयात देशी प्रजातीची अमृत वाटिका तयार

♦ **राजुरा, २४ ऑगस्ट** - ऐजेल वी शिवाजी कला, वाणिज्य व विज्ञान महाविद्यालयाच्या राष्ट्रीय सेवा योजनेत प्रथम व उत्कृष्टतम विभागाने सुसुप्त आणि अमृतवाटिका कायमसाठी वनाधिकारी व विद्यार्थ्यांना उत्तम देण्यात आली. विद्यार्थ्यांनी अमृत वाटिका तयार करणायचे हे हेतू असून त्यात अनेक देशी प्रजातीची वृक्ष लावण्यात आली. यावेळी प्राचार्य डॉ. ए.एस. चारकड, उपप्राचार्य डॉ. आर.आर. खेराणी, आचार्यसूत्रीचे समन्वयक डॉ. मल्लेश रेड्डी, वनपरिक्षेत्र अधिकारी कार्यालय राजुराचे कर्मचारी व सर्व प्राध्यापक वृंद, शिक्षकेतर कर्मचारी, रासेव्ये स्वयंसेवक तथा अन्य विद्यार्थी उपस्थित होते. (अ.प्र. नृत्ये)

तरुण भारत दि.25/08/2023 बादल बेले

### देशोन्नती

# राजुरात श्री शिवाजी महाविद्यालयात देशी प्रजातीची अमृत वाटिका तयार



### देशोन्नती वृत्तसंकलन...

राजुरा ■ राष्ट्रीय सेवा योजना पथक व वनसंरक्षण विभाग श्री शिवाजी कला, वाणिज्य व विज्ञान महाविद्यालय राजुरा जिल्हा चंद्रपूर यांच्या संयुक्त विद्यमाने आझादी का अमृतमहोत्सवी वर्षानिमित्त मेरी माटी मेरा देश अंतर्गत महाविद्यालयाच्या

परिसरात १५ देशी प्रजातीची ७५ झाडे लावून अमृत वाटिका तयार करण्यात आली. या देशी प्रजातींमध्ये मोरु, जाम, पांगडा, पिपल, कदम, जरुड, जामून, निम, चेल, शिशु, आजन, शेमल, कवठ, चांदू असे झाडे लावण्यात आली. ही झाडे सामाजिक वनीकरण विभाग जिल्हा चंद्रपूर या उपलब्ध करून देण्यात

आली. फक्त वृक्ष लावून न थांबता ते कायमस्वरुपी जगविण्यासाठी ही लावलेली झाडे संगोपनासाठी प्राध्यापक व मुलांना दत्तक देण्यात आली. महाविद्यालयात प्रवेक्षित मुलांनी आपापल्या गावावरून झाडे लावण्याकरीता माती आणि ही माती झाडे लावण्याकरीता वापरण्यात आली, यावेळी महाविद्यालयाचे प्राचार्य डॉ.एस.एम. चारकड, उपप्राचार्य डॉ. आर. आर. खेराणी, आचार्यसूत्रीचे समन्वयक डॉ.मल्लेश रेड्डी, वनपरिक्षेत्र अधिकारी कार्यालय राजुराचे कर्मचारी व सर्व प्राध्यापक वृंद, शिक्षकेतर कर्मचारी, रासेव्ये स्वयंसेवक तथा अन्य विद्यार्थी उपस्थित होते. (ता.प्र.)



## TREE PLANTATION



## GUEST LECTURE ON – “WILD LIFE AND ENVIRONMENT” 5<sup>th</sup> March 2024



**GUEST LECTURE ON – “WILD LIFE AND ENVIRONMENT” 5<sup>th</sup> March 2024**